

**Nottinghamshire ASA Combined Championships & Cheestrings Age Groups 2007
Schedule of Events**

Session 1.		Sat 10th February Beechdale - Nottingham	Session 7.		Start TBA	Sat 3rd March Beechdale - Nottingham
101	Male	100m Butterfly	301	Female		50m Backstroke
102	Female	400m I.M.	302	Male		100m Breaststroke
103	Male	Final of 100m Butterfly	303	Female		Final of 50m Backstroke
104	Female	100m Backstroke	304	Female		200m Freestyle
105	Male	400m Freestyle	305	Male		Final of 100m Breaststroke
106	Female	Final of 100m Backstroke				
Session 2.		Start TBA	Session 8.		Start TBA	
107	Female	50m Breaststroke	306	Male		50m Free
108	Male	100m Freestyle	307	Female		100m Breaststroke
109	Female	Final of 50m Breaststroke	308	Male		Final of 50m Free
110	Female	200m Backstroke	309	Male		200m I.M.
111	Male	Final of 100m Free	310	Female		Final of 100m Breaststroke
Session 3.		Start TBA	Session 9.		Start TBA	
112	Male	50m Backstroke	311	Female		50m Butterfly
113	Female	100m Butterfly	312	Male		200m Backstroke
114	Male	Final of 50m Backstroke	313	Female		Final of 50m Butterfly
115	Male	200m Breaststroke	314	Female		400m Freestyle
116	Female	Final of 100m Butterfly				
Session 4.		Sat 17th February Watermeadows - Mansfield	Session 10.		Start 3pm	Sat 10th March Nottingham University
201	Female	50m Freestyle	401	Mixed		800m Freestyle
202	Male	100m Backstroke				
203	Female	Final of 50m Freestyle				
			Session 11.		Start 6pm	Sun 11th March Nottingham University
204	Female	200m I.M.	402	Mixed		1500m Freestyle
205	Male	Final 100m Backstroke				
Session 5.		Start TBA	Session 12.		Start TBA	Sat 24th March Mansfield - Watermeadows
206	Male	50m Breaststroke	501	Male		100m I.M.
207	Female	100m Freestyle	502	Female		200m Butterfly
208	Male	Final of 50m Breaststroke	503	Male		Final 100 I.M
209	Male	200m Freestyle	504	Female		100m I.M.
210	Female	Final of 100m Free	505	Male		200m Butterfly
			506	Female		Final 100 I.M
Session 6.		Start TBA	Relay Gala – Start TBA			
211	Male	50m Butterfly	601	F 10/un 4x50m Medley Relay	619	F 10/un 4x50m Freestyle Relay
212	Female	200m Breaststroke	602	M 10/un 4x50m Freestyle Relay	620	M 10/un 4x50m Medley Relay
213	Male	Final of 50m Butterfly	603	F 12/un 4x50m Medley Relay	621	F 12/un 4x50m Freestyle Relay
214	Male	400m I.M.	604	M 12/un 4x50m Freestyle Relay	622	M 12/un 4x50m Medley Relay
			605	F 14/un 4x50m Medley Relay	623	F 14/un 4x50m Freestyle Relay
			606	M 14/un 4x50m Freestyle Relay	624	M 14/un 4x50m Medley Relay
			607	F 16/un 4x50m Medley Relay	625	F 16/un 4x50m Freestyle Relay
			608	M 16/un 4x50m Freestyle Relay	626	M 16/un 4x50m Medley Relay
			609	F Open 4x100m Medley Relay	627	F Open 4x100m Freestyle Relay
			610	M Open 4x100m Freestyle Relay	628	M Open 4x100m Medley Relay
			611-618	Finals	629-636	Finals

NOTTINGHAMSHIRE AMATEUR SWIMMING ASSOCIATION

Combined Championships and Cheesestrings Age Groups 2007.

Awards and presentations.

Age Group Champions (BAGCATS). Girls 9–13 and Boys 9–14.

Swimmers are awarded points for their performances within the various Sprint, Form, Distance and Medley categories, The best scores from within each category are added together, trophies are awarded to the top **TEN** swimmers in each age group.

Presentation of these awards takes place after the last gala of the series, for further details please see the swimmers information which will be issued with the cards.

Age Group Champions (Youth) – Girls 14,15,16/18 – Boys 15, 16/18.

Gold, silver and bronze medals to the top three swimmers in each age group.
Age Group plaques are awarded to those finishing 4th, 5th and 6th.

Presentation of these medals/trophies will take place at the end of each session.
Plaques for 4th, 5th and 6th are not presented and should be collected from the trophy desk once the event result has been confirmed.

Senior and Junior Champions.

Gold medals and trophies (where available) to the Champions with Silver and Bronze medals to the runners up.

Note: A junior is under 17yrs on the last day of the series of Galas i.e. 25th March 2006

Top Boy / Top Girl Trophies.

These are presented to the male & female swimmer of any age who scores the most points based on finishing positions 6 pts 1st place then 5,4,3,2,1 on all swims completed in the Championships.

Presentation of these awards takes place at the end of the last gala in the series.

Best Individual Performance Trophies.

These are presented to the male / female swimmers of any age who produce the best individual 'Meet Best Swim of the Championships based on GB points.

Presentation of these awards takes place at the end of the last gala in the series i.e. 25th March 2006

Relay Team Awards.

Gold Medals & Trophies will be presented to the winning teams with silver and bronze medals to the runners up.

Presentations will be made at the end of the Relay Gala.

IMPORTANT: - Swimmers who do not turn up for presentations forfeit their awards.

If there are exceptional extenuating circumstances an appeal against the withholding of the trophies **must** be submitted in writing by the Chairman or Secretary of the swimmers base club to the Secretary of Nottinghamshire A.S.A.

Under no circumstances should swimmers/parents/coaches/team managers approach the Gala officials on poolside directly concerning these matters.

NOTTINGHAMSHIRE AMATEUR SWIMMING ASSOCIATION

Combined Championships and Age Groups 2007.

British Age Group Categories (BAGCATS)					
	BOYS			GIRLS	
9 Years	Sprint Form Stroke Distance IM	- best 50m - best 200m Back/Breast/Fly - 200m Free - 100/200m	Sprint Form Stroke Distance IM	- best 50m - best 200m Back/Breast/Fly - 200m Free - 100/200m	
10 Years	Sprint Form Stroke Distance IM	- best 50m - best 200m Back/Breast/Fly - 200/400m Free - 100/200/400m	Sprint Form Stroke Distance IM	- best 50m - best 200m Back/Breast/Fly - 200/400m Free - 100/200/400m	
11 Years	Sprint Form Stroke Distance IM	- best 50m - best 200m Back/Breast/Fly - 200/400m Free - 100/200/400m	Sprint 100s Form Stroke Distance IM	- best 50m - best 100m - best 200m Back/Breast/Fly - 200/400/800m Free - 100/200/400m	
12 Years	Sprint 100s Form Stroke Distance IM	- best 50m - best 100m - best 200m Back/Breast/Fly - best 200/400/1500m Free - best 100/200/400m	Sprint 100s Form Stroke Distance IM	- best 50m - best 100m - best 200m Back/Breast/Fly - best 200/400/800m Free - best 100/200/400m	
13 Years	Sprint 100s Form Stroke Distance IM	- best 50m - best 100m - best 200m Back/Breast/Fly - best 200/400/1500m Free - best 100/200/400m	Sprint 100s Form Stroke Distance IM	- best 50m - best 100m - best 200m Back/Breast/Fly - best 200/400/800 Free - best 100/200/400m	
14 Years	Sprint 100s Form Stroke Distance IM	- best 50m - best 100m - best 200m Back/Breast/Fly - best 200/400/1500m Free - best 100/200/400m	INDIVIDUAL		

**Swimmers may enter any event
for which they have a qualifying time.**

Please note that although Boys are able to enter 800m and Girls can enter 1500m these events are not included in the BAGCAT championship. This is due to the fact that there is only a limited amount of data for these events in the ASA all time best data base which means that the points and age correction factors calculated may not be realistic. This could give the swimmers who enter these events high points scores which would present an unfair advantage.

**NOTTINGHAMSHIRE ASA
COMBINED CHAMPIONSHIP & CHEESTRINGS AGE GROUPS 2007**

CONDITIONS OF ENTRY

Each event decides both the County Championship and the Age Group placings. The results of the 200m and longer events are decided on declared times only. For 50m and 100m events the declared times of the heats decide the Age Group placings. The fastest six swimmers overall from the heats go through into the County Championship final, which will decide the Open Championship. The fastest time in the event, whether it be in the heat or the final determines the Junior (U/17) Champion.

Swimming Secretary

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1. A Swimmer taking part shall:
 - a) be eligible to compete in accordance with ASA law
 - b) have been a registered member of a club affiliated to Notts ASA for at least three months prior to the event entered.
 - c) be ASA registered for the club for which he is entered.
 - d) reside within the County or have the longest unbroken membership of a club affiliated to Notts ASA.
 - e) not have represented any other County in a Regional or National Event within the year of competition
 - f) not have entered the County competitions or Championships of another County, during the year of competition.
2. A swimmer may enter the individual events under the name of any Notts ASA club of which he/she is a member, provided that he/she complies with Rule 1.
3. For Team races:
 - a) ASA law relating to first claim applies
 - b) no swimmer may swim as a member of a team, having entered the individual events as a member of another club.
 - c) all team members must have been a member of the club that they represent for at least three months prior to the event entered
4. All individual entries will only be accepted with a submitted time made during a gala or official club time trial during the twelve months prior to the closing date for entries.
5. Submitted times for teams should be based on the individual times achieved by the anticipated members of the team.
6. Entered times must be based on a 25m pool. Where necessary times should be converted using the ASA Equivalent Performance Tables.
7. Entry Cards
 - a) Swimmers time cards to be posted personally not later than 45 minutes prior to the start of each gala session.
 - b) Team cards to be posted not later than 45 minutes prior to the start of the gala and team member's names must be written on the rear of the card before it is released by the competitor's stewards to the team manager.
8. No late entries will be accepted. Incomplete or incorrectly completed entry forms may not be accepted and the submitted times will not be changed unless an administrative error has been made by the Notts ASA. 'On the day' swims for time only are not allowed.
9. The promoter has the right to restrict entries if events are over subscribed.

NOTTINGHAMSHIRE ASA COUNTY CHAMPIONSHIPS & CHEESTRINGS AGE GROUPS 2007

Note * for the Girls 1500m swimmers must meet the 800m qualifying time, and for the Boys 800m swimmers must meet the 400m time, depending on the entry level the organisers reserve the right to restrict entry. When submitting entries for the Boys 800m and Girls 1500m please submit a time which will be used to seed the event, this could be estimated but it is recommended that a club time trial be organised or more simply a timed swim in a training session.

BOYS	9YRS	10 YRS	11YRS	12 YRS	13YRS	14 YRS	15YRS	OPEN
50 FREE	45.2	41.3	38.0	35.2	33.5	32.1	30.3	29.8
100 FREE				1:16.1	1:12.3	1:08.9	1:05.6	1:04.8
200 FREE	3:40.7	3:16.9	3:00.9	2:45.9	2:37.1	2:29.9	2:22.8	2:21.5
400 FREE		6:53.3	6:17.7	5:48.1	5:30.0	5:16.6	5:04.4	4:58.5
800 FREE				* Yes	* Yes	* Yes	* Yes	* Yes
1500 FREE				23:04.3	21:46.2	20:50.6	19:54.1	19:39.3
50 BACK	52.2	47.5	43.7	40.4	38.1	36.4	34.3	33.2
100 BACK				1:25.4	1:21:0	1:16.4	1:13.0	1:11.3
200 BACK	4:05.6	3:41.1	3:20.1	3:01.6	2:53.8	2:44.8	2:37.4	2:34.2
50 BREAST	58.8	53.6	48.8	44.8	41.9	39.8	38.0	36.9
100 BREAST				1:36.0	1:30.8	1:26.2	1:22.3	1:20.9
200 BREAST	4:38.7	4:11.9	3:49.1	3:29.8	3:16.6	3:07.1	2:58.4	2:55.2
50 FLY	57.3	51.2	45.4	40.7	37.5	35.0	33.4	32.3
100 FLY				1:28.9	1:21.3	1:16.5	1:13.3	1:10.6
200 FLY	5:03.5	4:18.8	3:43.3	3:18.9	3:00.8	2:48.4	2:40.8	2:35.9
100 IM	1:55.5	1:45.3	1:36.9	1:29.7	1:24.0	1:19.8	1:15.4	1:14.0
200 IM	4:09.7	3:43.4	3:24.4	3:08.6	2:57.8	2:49.9	2:41.6	2:38.5
400 IM		8:10.6	7:17.6	6:38.9	6:17.4	5:59.2	5:40.7	5:36.6

GIRLS	9YRS	10 YRS	11YRS	12 YRS	13YRS	14 YRS	15YRS	OPEN
50 FREE	46.8	42.0	37.4	36.1	35.0	33.7	32.7	32.3
100 FREE			1:20.8	1:17.6	1:14.9	1:12.4	1:10.4	1:09.8
200 FREE	3:47.1	3:16.9	2:55:7	2:47.9	2:40.7	2:36.3	2:31.6	2:30.2
400 FREE		6:55.8	6:14.6	5:48.6	5:33.4	5:24.0	5:15.4	5:14.6
800 FREE			12:56.4	12:00.2	11:28.5	11:01.9	10:48.4	10:44.9
1500 FREE			*Yes	* Yes	* Yes	* Yes	* Yes	* Yes
50 BACK	54.0	47.5	42.2	40.9	39.2	37.9	36.9	36.6
100 BACK			1:30.5	1:26.3	1:22.3	1:20.0	1:17.4	1:17.4
200 BACK	4:10.9	3:38.8	3:11.8	3:04.3	2:57.1	2:50.7	2:45.5	2:44.9
50 BREAST	1:01.1	54.0	47.9	45.7	43.9	41.8	40.3	40.4
100 BREAST			1:42.8	1:38.2	1:33.8	1:28.9	1:27.0	1:26.8
200 BREAST	4:49.1	4:11.2	3:42.1	3:31.4	3:21.1	3:11.5	3:07.8	3:06.8
50 FLY	55.9	48.1	43.5	40.4	38.1	36.8	36.0	34.9
100 FLY			1:35.7	1:28.1	1:23.2	1:20.3	1:19.7	1:16.8
200 FLY	4:55.9	4:01.2	3:32.2	3:14.5	3:02.8	2:56.1	2:53.3	2:46.8
100 IM	1:59.6	1:45.8	1:34.0	1:30.4	1:27.1	1:23.7	1:19.8	1:19.3
200 IM	4:15.4	3:42.9	3:18.5	3:09.9	3:02.6	2:55:2	2:51.3	2:49.7
400 IM		8:03.0	7:11.4	6:40.8	6:22.6	6:07.2	5:57.2	5:54.5