

## City of Derby Long Course Level 1 Licensed Open Meet

Along with 2012 British Olympic hopefuls Rebecca Adlington, Fran Halsall, Lizzie Simmons and Liam Tancock, two Retford swimmers took part in the City of Derby Level 1 Licensed Open Meet as part of the Nova Centurian Swim Club. The event, which was held over the weekend 14<sup>th</sup>/15<sup>th</sup> January, took place at Ponds Forge, Sheffield over the 50m long course.

Beth Davies results (girls 15 yrs/over): 100m freestyle 1:00.98 (PB, 9<sup>th</sup> in age group), 200m freestyle 2:10.58 (PB, 10<sup>th</sup> in age group), 200m individual medley 2:26.71 (PB, 8<sup>th</sup> in age group).

Corey Mead's results (boys 15 yrs/over): 200m freestyle 2.04.88