



RETFORD SWIMMING CLUB CLUB CHAMPIONSHIPS 2018



Dear Swimmer,

Having taken on board this feedback from last year's Club Championships, we have decided to use the scoring system as last year. This will only affect swimmers in the 9-year age group and above. For the younger swimmers there is no overall championship and for them we are offering an entry package at £10 (which includes entry to presentation evening) to encourage swimmers to try all four 25m events. The aims of the new system for swimmers aged 9 years and over are to:

- Introduce a fairer scoring system to determine the championship, which recognises the level of performance in an event rather than just the finish order.
- Incentivise swimmers to swim a broad range of events/distances but allowing them to choose their races.

HOW WILL WE ACHIEVE THIS?

The new system will use FINA points to score each swim:

What are FINA Points?

FINA points allow comparison of results among different events. Using a FINA point table, point values are assigned to a swimming performance based on the time swum. More points for world class performances, typically 1000 or more and fewer for slower performances.

The base times are defined every year, linked to the World Record that was approved by FINA.

This means the points allocated for each swim will reflect the level of performance rather than just the finish order.

The new system will also group swims into 5 categories, which are shown on the entry form and only the top 2 FINA point scores in each category will count towards the overall championship.

The annual Club Championships is for all our club members. For some it will be their first competition, for others it provides an opportunity to try new events, others push themselves to achieve County Qualifying Times. To encourage swimmers to continue to enter a variety of events, we have decided to offer the "Championship Package" for which the swimmer enters 8 sprint events plus 2 races in each of the non-sprint categories, 14 races in total. The cost of the Championship package is £35 for 14 events and includes admission for the swimmer to Presentation evening where the Club Champion for each age-group is announced.

However, we recognise that individuals may wish to swim more or fewer events, so for those not opting for the package (perhaps only swimming 1 or 2 races) or for those wishing to swim more than 14 events, races/ additional races will be charged at £4 per event.

For swimmers not choosing the Championship Package, admission to Presentation Evening is not included in the cost of competing, but tickets may be purchased to attend the event. However, for those choosing the Championship Package they will be expected to enter and compete in the 14 events they select unless they have a good reason for withdrawing, eg illness, injury or a competitive clash with Club Championship dates.

No system is perfect, but we have given a lot of thought to the changes we are making to ensure our Club Championship provides challenge and opportunity for all our swimmers.

Thank you!



**RETFORD SWIMMING CLUB
CLUB CHAMPIONSHIPS 2018**

Licensed at Level 4

EVENT SCHEDULE



	DATE	EVENTS	
Gala 1	Saturday 10th Nov 2018 1.30pm Warm Up 2.00pm Start Session 1	9 & Over 200m Back	
		9 & Over 50m Breast	
		9 & Over 100m IM	
		9 & Over 50m Fly	
		9 & Over 100m Free	
	Saturday 10th Nov 2018 Warm Up TBC Start TBC Session 2	9 & Over 100m Fly	
		7 – 8 25m Free	
		9 & Over 50m Free	
		9 & Over 200m Breast	
		7 – 8 25m Breast	
		9 & Over 400m IM (ages 9,10 & 11) Please speak to a coach before entering this event	
Gala 2	Wednesday 28th Nov 2018 6.15pm Warm Up 6.30pm Start	‘Boys Only’ 1500m Free (11 & Over only)	
		‘Girls Only’ 800m Free (11 & Over only)	
Gala 3	Saturday 8th Dec 18 1.30pm Warm Up 2.00pm Start Session 1	9 & Over 200m IM	
		7 – 8 25m Back	
		9 & Over 100m Back	
		7-8 yrs 25m Fly	
			9 & Over 200m Fly (ages 9,10 & 11 Please speak to a coach before entering this event)
	Saturday 8th Dec 18 Warm Up TBC Start TBC Session 2	9 & Over 200m Free	
		9 & Over 100m Breast	
		9 & Over 50m Back	
9 & Over 400m Free			

Entry Forms are available from Alison & Amanda at the Club Desk or by Downloading from the Club’s Website: www.retfordswimmingclub.org.uk

All completed Forms must be returned to Alison no later than the 24th October 2018. No late entries will be accepted after this date. Any questions please don’t hesitate to contact either, Alison or Amanda at the club Desk



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Entry Form

Name:

Age (as of 31st December):

SWIMMERS 9 years and over	Event:	Entry Time:
Category 1: SPRINT 50m		
Championship package covers entry in 4x50m events, but only the 2 highest FINA point scores count for the Championship.	Butterfly	
	Backstroke	
	Breaststroke	
	Freestyle	
Category 2: SPRINT 100m		
Championship package covers entry in 4x100m events, but only the 2 highest FINA point scores count for the Championship.	Butterfly	
	Backstroke	
	Breaststroke	
	Freestyle	
Category 3: Form 200m		
Championship package covers 2 events in the Form category. <i>9/10/11 years age group entering the 200 Fly must get their entry form countersigned by their coach)</i>	Butterfly	
	Backstroke	
	Breaststroke	
Category 4: Freestyle		
Championship package covers 2 events in the Freestyle category. <i>9/10/11 years age group entering 800/1500m must get their entry form countersigned by their coach</i>	Freestyle 200m	
	Freestyle 400m	
	Freestyle 800m (girls)	
	Freestyle 1500m (boys)	
Category 5: Individual Medley		
Championship package cover 2 events in the IM category. <i>9/10/11 years age group entering the 400IM must get their entry form countersigned by their coach</i>	100m IM	
	200m IM	
	400m IM	
To decide the championship in each age group, swimmers are awarded FINA points for every swim. The best 2 FINA point scores in each of the 5 categories are then added together to give the overall points total. The highest scoring female and male in each age group will become the club champion.		
SWIMMERS 7/8 Years		
Swimmers in this age group will be placed in these events there is no overall championship.	Event:	Entry Time:
	Butterfly 25m	
	Backstroke 25m	
	Breaststroke 25m	
	Freestyle 25m	

Package of 14 races: £35 Cost _____
 No. additional races: @£4 Cost _____
 25m Swims £10 (For 4 events) Cost _____

Total: _____

All completed Forms must be returned to Alison no later than the 24th October 2018. No late entries will be accepted after this date. Any questions please don't hesitate to contact either, Alison or Amanda at the club Desk

Email: openmeets@retfordswimmingclub.org.uk



Meet Conditions License No To Follow

VENUE: Retford Leisure Centre, Old Hall Road, Retford

The Pool:

6 Lanes, 25 metres, Electronic Timing, Anti Wave Lane Ropes, and Swim shop.

No outdoor shoes may be worn on the poolside, but footwear and Club T Shirts MUST be worn in the spectators' galleries and outside the pool marshalling area.

MEET COORDINATOR

Alison Atkinson 65 Southwell road West, Mansfield NG18 4EJ

Tel: 07414 49894 9 Email: openmeets@retfordswimmingclub.org.uk

The Meet is held under A.S.A. Laws & Technical Rules

The order of Events and allocation of Events to specific Sessions may be changed at the discretion of the organisers.

The Referee's decision is final.

Any swimmer not behaving in a appropriate manner on poolside will be asked to leave and may not be allowed to swim.

Please see the swimmers code of conduct on our website.

All swimmers must stay poolside until they have been told they can leave by coaching staff. Swimmers leaving poolside at any time must inform the Senior Coach first. Any swimmer not poolside prior to their race may miss their swim, as coaches and Team managers will not come looking for them

The organisers do not accept liability for lost property.

All Entries and Swimmers Data will be held on computer; Entry to the Meet implies consent as required by the Data Protection Act 1998. Results and Swimmers Data will be submitted to the ASA & displayed on our Club Website.

Any point not dealt with by these notes will be at the discretion of the promoter.

AWARDS

All Events are Heat Declared Winners. Heats will be arranged and Spearheaded according to the Entry Times.

Points will be awarded using Fina Points . There will be 5 categories and your top 2 swims from each category will count towards the overall Championship placing. (Boys and Girls separate)

Age groups 8 & under, 9, 10,11, 12, 13 & 14, 15 & 16 and Open

ENTRIES

Age as of 31st December 2018

CLOSING DATE FOR ENTRIES, Wednesday 24th October 2018

All Swimmers must be ASA registered and a member of Retford Swimming Club before the 12th October 2018.

Over the top/side by side starts may be used at the promoter's discretion..

Any changes will be published on our clubs website.

Swimmers must not be a member of any other Nottinghamshire club, with the exception of the Nova Centurion squad.

No entries will be accepted after the closing date or during the meet unless due to the promoters error or omission.

Entry Fees: £4.00 per individual Event or £35 for a Championship Package. No refunds will be made for cancellation of entries after the closing date **Please make all Cheques payable to 'RETFORD SWIMMING CLUB'**

Confirmed Entries will be posted on our Web Site, shortly after the closing date any errors please contact Mrs Alison Atkinson ASAP. CORRECTIONS CANNOT BE MADE ON THE DAY.

Any swimmer wishing to withdraw can do so by emailing openmeets@retfordswimmingclub.org.uk no later than 10am on the 10th November & 8th December 2018 and the 10am on the 28th November 2018 by Texting **07414 498949**

POOLSIDE

For child protection **NO ADULTS** will be allowed on poolside, unless displaying a pool side pass. If anyone is found on without a pass, will be asked to leave, either by a member of the committee or by the Referee

RESULTS

Results will be available to view via our Club Website. As soon as possible, after the event has finished.

ON THE DAY

Swimmers must report to the Competitors' Stewards Two Events before their own Event, except for Event 1 & 2 when it immediately after 1st warm up

No outdoor shoes may be worn on the poolside, but footwear and Club T Shirts MUST be worn in the spectators' galleries and outside the pool marshalling area.

SPECTATORS

Spectator Admission –Adults £4.00 for both session on the Saturday

Children Age 7 – 12 £2.50 both sessions

PLEASE NOT THERE WILL BE NO PROGRAMS PRINTED FOR CLUB CHAMPIONSHIPS. A COPY WILL BE AVAILABLE ON THE CLUBS WEBSITE FOR YOU TO PRINT YOURSELVES. These will be subject to change up until the cut of times for withdrawal's and should only be used as a guide